Transferring ownership of copyright to a publisher may prohibit you from doing the following:
- Emailing your work a colleague
- Posting your work on your personal or course website
- Uploading your work to a repository
- Reusing your tables and figures
- Using your work in your teaching

Are Copyright Transfer Agreements Negotiable?
Yes! Use the SPARC addendum to negotiate your rights with the publisher in order to:
- Distribute your work to colleagues and students
- Archive your work in a repository
- Use your work in your teaching
- Post your work on a personal or professional website

Is There Another Option?
Yes! Open Access publications license articles under Creative Commons or similar licenses in order to make them freely available online, while authors retain ownership of copyright. You can then do what you want with your work.